

## Beating bathtime blues

SLEEPLESS nights and an unsettled baby can be very stressful for parents.

However, help is at hand in the form of a new bathing concept that seeks to ease a baby's transition from the secure environment of the womb to the outside world.

The TummyTub (suitable for babies from birth to two-years) was developed in co-operation with physicians, midwives and nursery nurses.

The size and shape of the TummyTub mimics the security of the womb and babies assume the foetal position and relax.

The special design is also very useful for settling and bathing premature babies, and helps with wind/colic and sleeping problems.

"I remember the challenge of trying to bath my first son with his tiny, wet and wriggling body," said Rosita Sunna, director of SunRos Pty Ltd and mother of two boys.

"Most of the time, my husband did the bathing."

When Rosita's second son was born in Germany, a midwife recommended the TummyTub to her.

"Both baby and I started to enjoy bath time", said Rosita.

"There were so many benefits – I could immerse him up to shoulder level in bath oils so it was very good for his eczema; it was great for my back as I didn't have to bend right over and we were also saving water.

"So many great features in one product, I was amazed."

Returning to Australia, Rosita was surprised to find the TummyTub was not already available here and decided to bring it back with her.

"It's so popular overseas where TummyTubs have been used in homes, neo-natal units, maternity wards, nurseries and children's hospitals for more than 10 years.

"It is the only baby bath I

know of that has received safety certification from Germany, UK and USA.

"It is environmentally friendly, contains no toxic pigments or substances, is fully recyclable and uses only 5 litres of water."

The TummyTub was launched in Australia in September 2006, and is already in use in a number of maternity units.

"I recently demonstrated the TummyTub at a Sydney hospital with a real baby," said Rosita.

"The one-day-old baby had been unsettled but stopped crying immediately when placed in the TummyTub and in a few minutes he simply fell asleep."

The hospital now has more than a dozen TummyTubs on trial.

Rosita imports other quality family products from Europe including La Belly maternity band and Runicc, the wooden run-bicycle.

Details visit: [tummy-tub.com.au](http://tummy-tub.com.au) or phone Rosita on 9997 7625.



*The TummyTub helps to ease a baby's transition from the secure environment of the womb to the outside world.*